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Committed to our community since 1973

Our Mount Graham Minute (MGM) is one of our ways to keep you informed and up to date on happenings at MGRMC. This month you will learn more about a surgical

procedure that is done here at MGRMC, TIF, Transoral Incisionless Fundoplication – it relieves GERD, Gastroesophageal Reflux Disease. We are one of very few hospitals in the state and country that offer this relief for a very common condition. You will also read the data on how many patients we served in 2021 – a very busy year! Have access to additional stories and meet two physicians new to MGRMC: a new Physician in our emergency room and a well known community Physician that joined Copper Mountain Clinic. I hope you enjoy the read and pass on a good word about MGRMC and our efforts to serve the healthcare needs of our community. Yours in Good Health - Roland Knox





effective at treating the symptoms of acid reflux, and it has an excellent safety profile, one that is much better than surgical alternatives." Dr. Ken Chang is the Chief of Gastroenterology and Director of the Comprehensive Digestive Disease Center, University of

"Patients choose the TIF procedure because it is

California Health System, Orange, CA Do you suffer from GERD?!

your peaceful night turns into tossing and turning, sitting up in bed, and trying to take any indigestion medication in sight. For some, these symptoms only occur occasionally.

We've all experienced it, lying down ready to get a good night's rest when suddenly it hits; the pain in your chest, heartburn, a dry cough, or a sour taste in your mouth. Suddenly,

However, for others, this pain and acid reflux takes over their daily life no matter what they've eaten. Gastroesophageal Reflux Disease, or GERD, affects the lives of millions of Americans, leaving them constantly worried about what they're eating, what is causing these problems, or what medication they can take the mask the problem. Has GERD taken over your life, taken you away from enjoying your friends and family? Has GERD taken away

good sleep and, in turn, caused other serious health concerns? There's an option for you located right here in the Gila Valley. Our General surgeons, Dr. Bart Carter, MD, FACS, and Dr. Jorden Marble, MD, have been trained to perform the TIF Procedure, an effective and

non-invasive procedure that has helped thousands of Americans find relief. Dr. Carter and Dr. Marble are highly skilled surgeons and have performed the TIF procedure for years here at MGRMC. They are trained to restore your esophageal valve's natural shape, location, and effectiveness with an innovative procedure, stopping your reflux. The TIF procedure uses an oral pathway, so no incisions are needed- and allows the patient a more comfortable and faster recovery process. The TIF procedure, or Transoral Incisionless Fundoplication, is designed to reposition and

6-8 weeks. The TIF procedure has been performed on more than 27,000 patients worldwide to date. Due to the unique nature of the TIF procedure, most patients return to work and normal activities within a few days after the procedure, allowing them to get back to life sooner, free of the discomfort of GERD and acid reflux.

reconstruct a durable anti-reflux valve while tightening the Low Esophageal Sphincter (LES) to restore the body's natural protection against reflux. It is performed endoscopically through the mouth, meaning there are no incisions. It ensures a quicker recovery time of

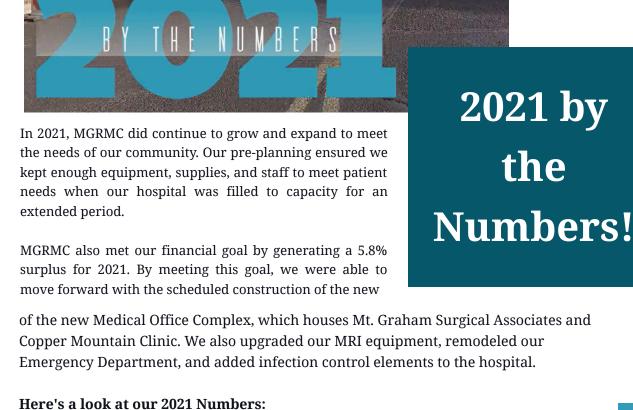
glands in the lining of your stomach) may be managing your GERD symptoms. But when managing your symptoms requires increasing your daily dose of PPIs and the duration, it's time to schedule an appointment with one of our surgeons. Reflux, or GERD, is a progressive, chronic disease that hurts and affects the lives of millions of Americans. But reflux doesn't need to control your day-to-day forever; visit

Dr. Carter and Dr. Marble work out of Mt. Graham Surgical Associates, a Mount Graham Regional Medical Center department. Mt. Graham Surgical Associates is located at 2175 W.

your primary care physician to see if the TIF procedure is an option for you.

For some, PPIs (medicines that work by reducing the amount of stomach acid made by

16th St., Suite A, in the brand-new Medical Office Complex behind MGRMC. For questions or more information, visit GERDhelp.com, or call 425-215-1440. Take our Community Health Needs Survey



Net Operating Revenue: \$79,029,496 **Net Operating Expenses: \$73,477,767**

Total Inpatient Admissions: 1,397 Total Outpatient Visits: 81,873

Total ED Visits: 20,919

Total Births: 560

Total Employee Benefits & Salaries: \$38,452,395

Total Surgeries: 1,763 Total Imaging Procedures (Radiology, MRI, Nuclear, CT): 30,026 **Total Laboratory Tests: 184,812**

We are grateful for the service we have been able to provide our community since

READ MORE MGRMC NEWS HERE >

Jim and Kip!

Welcome to the

1973, and we look forward to serving you and yours for many years to come.

MGRMC Family, Clinic's New Home! **Community Needs Excellence in EMS** Jim, and Kip! Award

Robert Ketchum



Tell Us What Our

Meet our Providers





AZ.

much!

• Attended Ross University School of Medicine, located in Dominica. • Completed Emergency Medicine Residency at Kingman Regional Medical Center in Northwester,

• He is excited to be home in the Gila Valley with his three girls, serving the community he loves so

Copper Mountain

• Born and raised in Safford, AZ. • Graduated from Safford High School, Eastern Arizona College (where he met the love of his life, Jeanette!), and the University of Arizona Attended medical school at the

University of Arizona, graduating

Brad Montierth, MD

in 1996.

residency at St. Peter's Hospital, Olympia, Washing, in 1999. • Married with five children -Enjoys working outside, hiking,

• Completed Family Medicine

and traveling -Close friends with Dr. Clay Hargis and even graduated together at SHS.

See More MGRMC Providers>

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